

AOTEAROA NEW ZEALAND ASSOCIATION OF PLAY THERAPY MANATŌPŪ INCORPORATED

Policy

Reflective Practice and Continuing Professional Development

Continuing professional development (CPD) is a requirement of ANZAPT membership and a requirement for renewing the ANZAPT annual practicing certificate.

Each year, each of ANZAPT's Code of Ethics, Cultural Competencies, and Core Clinical and CCPT Competencies will be drawn on for the purposes of self-monitoring and continuing professional development. Areas of each competency includes Awareness, Knowledge, Skills and Application and ensures Play Therapy practice remains current and relevant.

The definition of CPD is:

"Any learning experience that can be used for the systematic maintenance, improvement and broadening of competence, knowledge and skills to ensure that the Play Therapist has the capacity to practise safely, effectively and legally within their evolving practice. It may include both personal and professional development."

All Play Therapists will

1. identify their own professional abilities, attitudes, strengths and developmental needs that would benefit from further development
2. develop Continuing Professional Development (CPD) plans in accordance with ANZAPT requirements and maintain and review a log of professional development undertaken
3. include CCPT specific or associated categories of professional development
4. discuss CPD in clinical supervision with an approved CCPT supervisor during the year
5. contribute to the development of the play therapy profession by, among other things, identifying and developing new knowledge and perspectives, sharing knowledge with others both formally and informally, and giving feedback and support to colleagues
6. demonstrate that play therapy practice is informed by contemporary evidence-based research
7. use clinical supervision for personal and professional development, however supervision is a separate requirement and should not be submitted as CPD.

Members will be required to make a declaration on annual renewal, that they have met their ANZAPT CPD requirements of a minimum of 20 hours. Supervisors will be required to attest that members have met CPD requirements by signing CPD plans.

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